

**10 & UNDER**  
**2009-2010 TIME STANDARDS**

<u>GIRLS</u>		<u>EVENT</u>	<u>BOYS</u>	
<u>Age Groups</u>	<u>Regional</u>		<u>Age Groups</u>	<u>Regional</u>
31.99	No COT	50 Free	31.99	No COT
1:11.49	1:23.49	100 Free	1:12.49	1:28.99
2:37.49	3:06.99	200 Free	2:38.99	3:12.99
6:57.49	7:27.49	500 Free	7:07.49	7:39.99
37.99	No COT	50 Back	38.49	No COT
1:21.99	1:39.49	100 Back	1:23.49	1:43.99
43.24	No COT	50 Breast	44.99	No COT
1:33.99	1:52.49	100 Breast	1:37.99	2:02.49
36.49	No COT	50 Fly	37.99	No COT
1:29.49	1:57.99	100 Fly	1:33.99	2:02.99
1:22.99	1:37.99	100 I.M.	1:22.49	1:40.99
3:00.49	3:34.99	200 I.M.	3:04.49	3:37.99